



## **Pre (Non-provoked) Urine Collection instructions (less than 24hr. test)**

- **Guidelines:**

These instructions are specifically for the **6-hour Urine collection test**.

Follow instructions listed unless otherwise dictated by doctor or lab tech.

- **Procedure:**

1. Empty your bladder before the collection period begins. Collect all urine up to and including the last urination of the prescribed time period.
2. Collect urine in the specimen collection cup provided. Pour all of the urine into the orange container provided.
3. Continue to add urine to this container during the specified time period. Keep the container in a refrigerator during the collection period between use.
4. When the timed collection period is complete, mix the urine by shaking the orange container then pour the urine into the supplied specimen vial. Fill urine up to the top of the label on the vial and then tighten the screw cap securely. Discard remaining urine.
5. On the test requisition form in the collection information section (located in the upper right hand corner) fill in the date you finished along with height and weight.
6. In the section marked "patient information." fill out the patient name, date of birth, gender, address, and contact information.
7. Then sign and date in the "required" area of the form.