



## Post Provoked Chelation Patient Instructions

- **Guidelines:**

These instructions are specifically for patients who have completed the Pre Non-provoked Chelation procedure (or) for patients finishing a series of IV-Chelation(s) and/or Oral DMSA Chelation(s).

Follow instructions listed unless otherwise dictated by doctor or lab tech.

- **Procedure:**

1. Complete the Pre Non-provoked urine collection procedure and turn it in prior to starting this test. (**Note: if finishing a prescribed series of IV-Chelation(s) or Oral DMSA Chelation(s)** then you will not turn in a Pre-Sample)
2. Come to scheduled IV-appointment and receive first Diagnostic IV Chelation with optional DMSA tablets. (Note: in some cases you receive oral DMSA only – depending on Doctor orders)
3. After beginning IV-Chelation and/or Oral DMSA, start urine collection and collect all urine including the first morning urination of the following day and beyond if time requires. (**24- hour urine collection**) (if you need to urinate during the IV – start urine collection at that time). Collect each urination in the specimen collection cup then pour the urine into the orange collection container. Keep the orange container in a refrigerator until you are finished with your collection.
4. Place the orange collection container on a level surface and read the volume from the markings on the container. In the collection information section of the requisition form (located in the upper right hand corner) fill in the date you finished the collection and your height & weight, and fill in the total volume collected.
5. Mix the urine by shaking the orange container for at least 30 seconds then pour the urine into the specimen vial. Fill the vial up to the top of the label and then tighten the screw cap securely.
6. Follow attached shipping instructions for Fedex. **\*\*Important\*\* Do not use a drop box for urine samples. Must be handed to a Fedex employee or over the counter for Fedex to accept the package.**